



Międzywojewódzkie Drużynowe Mistrzostwa Młodzików 12,13 lat  
Ostrowiec Świętokrzyski, 12. - 13.4.2025



Konkurencja 8  
12.04.2025 - 17:55

Chłopców, 400m dowolny

12 - 13 lat  
Wyniki

Rekord Okręgu Święt. Młodz. 12 lat chłopcy: 4:34.56 MICHTA Kacper 00612 Ostrowiec Sw. 08.12.2012  
Rekord Okręgu Święt. Młodz. 13 lat chłopcy: 4:16.57 KURANT Roger 00612 Ostrowiec Sw. 09.12.2007

Punkty: AQUA 2024

| Pozycja | Rok ur.                 |         |       |       |                       |       |       |         |       |         | Czas    | Pkt.  |
|---------|-------------------------|---------|-------|-------|-----------------------|-------|-------|---------|-------|---------|---------|-------|
| 12 lat  |                         |         |       |       |                       |       |       |         |       |         |         |       |
| 1.      | WRÓBEL Maciej           |         |       | 13    | KS KSZO Ostrowiec Św. |       |       |         |       | 5:21.86 | 286     |       |
|         | 50m:                    | 35.17   | 35.17 | 150m: | 1:58.80               | 42.19 | 250m: | 3:22.76 | 41.79 | 350m:   | 4:44.96 | 40.98 |
|         | 100m:                   | 1:16.61 | 41.44 | 200m: | 2:40.97               | 42.17 | 300m: | 4:03.98 | 41.22 | 400m:   | 5:21.86 | 36.90 |
| 2.      | RACHUNA Marcel          |         |       | 13    | Kajman Połaniec       |       |       |         |       | 5:22.97 | 283     |       |
|         | 50m:                    | 36.10   | 36.10 | 150m: | 1:57.55               | 40.81 | 250m: | 3:20.19 | 41.53 | 350m:   | 4:43.71 | 41.41 |
|         | 100m:                   | 1:16.74 | 40.64 | 200m: | 2:38.66               | 41.11 | 300m: | 4:02.30 | 42.11 | 400m:   | 5:22.97 | 39.26 |
| 3.      | TAŁAJ Filip             |         |       | 13    | Kajman Połaniec       |       |       |         |       | 5:25.97 | 276     |       |
|         | 50m:                    | 36.41   | 36.41 | 150m: | 2:00.51               | 42.49 | 250m: | 3:24.33 | 41.94 | 350m:   | 4:47.14 | 41.32 |
|         | 100m:                   | 1:18.02 | 41.61 | 200m: | 2:42.39               | 41.88 | 300m: | 4:05.82 | 41.49 | 400m:   | 5:25.97 | 38.83 |
| 4.      | JAREMA Antoni           |         |       | 13    | UKS SP AQUARIUS Lesko |       |       |         |       | 5:35.32 | 253     |       |
|         | 50m:                    | 37.88   | 37.88 | 150m: | 2:03.40               | 42.91 | 250m: | 3:28.85 | 42.92 | 350m:   | 4:55.06 | 42.89 |
|         | 100m:                   | 1:20.49 | 42.61 | 200m: | 2:45.93               | 42.53 | 300m: | 4:12.17 | 43.32 | 400m:   | 5:35.32 | 40.26 |
| 5.      | OLEJARNIK Kamil         |         |       | 13    | Kajman Połaniec       |       |       |         |       | 5:37.55 | 248     |       |
|         | 50m:                    | 36.57   | 36.57 | 150m: | 2:01.36               | 43.28 | 250m: | 3:27.50 | 43.54 | 350m:   | 4:55.15 | 45.22 |
|         | 100m:                   | 1:18.08 | 41.51 | 200m: | 2:43.96               | 42.60 | 300m: | 4:09.93 | 42.43 | 400m:   | 5:37.55 | 42.40 |
| 6.      | KOZIOŁ Michał           |         |       | 13    | UKS Delfin Tarnobrzeg |       |       |         |       | 5:37.58 | 248     |       |
|         | 50m:                    | 36.64   | 36.64 | 150m: | 2:03.32               | 44.04 | 250m: | 3:30.44 | 42.82 | 350m:   | 4:58.42 | 44.36 |
|         | 100m:                   | 1:19.28 | 42.64 | 200m: | 2:47.62               | 44.30 | 300m: | 4:14.06 | 43.62 | 400m:   | 5:37.58 | 39.16 |
| 7.      | IDZIK Kacper            |         |       | 13    | Kajman Połaniec       |       |       |         |       | 5:39.86 | 243     |       |
|         | 50m:                    | 38.67   | 38.67 | 150m: | 2:06.59               | 43.91 | 250m: | 3:34.59 | 43.50 | 350m:   | 5:01.49 | 43.33 |
|         | 100m:                   | 1:22.68 | 44.01 | 200m: | 2:51.09               | 44.50 | 300m: | 4:18.16 | 43.57 | 400m:   | 5:39.86 | 38.37 |
| 8.      | PLIS Aleksander         |         |       | 13    | UKS "Feniks" Dębica   |       |       |         |       | 5:45.38 | 232     |       |
|         | 50m:                    | 35.14   | 35.14 | 150m: | 2:00.37               | 43.55 | 250m: | 3:29.89 | 45.17 | 350m:   | 5:00.98 | 44.90 |
|         | 100m:                   | 1:16.82 | 41.68 | 200m: | 2:44.72               | 44.35 | 300m: | 4:16.08 | 46.19 | 400m:   | 5:45.38 | 44.40 |
| 9.      | SZALA Wiktor            |         |       | 13    | KP Sokół Rzeszów      |       |       |         |       | 5:48.30 | 226     |       |
|         | 50m:                    | 37.93   | 37.93 | 150m: | 2:06.64               | 44.97 | 250m: | 3:37.30 | 45.29 | 350m:   | 5:08.31 | 45.25 |
|         | 100m:                   | 1:21.67 | 43.74 | 200m: | 2:52.01               | 45.37 | 300m: | 4:23.06 | 45.76 | 400m:   | 5:48.30 | 39.99 |
| 10.     | WIŚNIEWSKI Karol        |         |       | 13    | UKS SP AQUARIUS Lesko |       |       |         |       | 5:53.26 | 216     |       |
|         | 50m:                    | 38.99   | 38.99 | 150m: | 2:07.58               | 44.84 | 250m: | 3:38.75 | 45.20 | 350m:   | 5:10.06 | 45.34 |
|         | 100m:                   | 1:22.74 | 43.75 | 200m: | 2:53.55               | 45.97 | 300m: | 4:24.72 | 45.97 | 400m:   | 5:53.26 | 43.20 |
| 11.     | MADEJ Błażej            |         |       | 13    | KS KSZO Ostrowiec Św. |       |       |         |       | 5:54.09 | 215     |       |
|         | 50m:                    | 37.51   | 37.51 | 150m: | 2:06.40               | 45.03 | 250m: | 3:37.86 | 45.64 | 350m:   | 5:08.82 | 46.02 |
|         | 100m:                   | 1:21.37 | 43.86 | 200m: | 2:52.22               | 45.82 | 300m: | 4:22.80 | 44.94 | 400m:   | 5:54.09 | 45.27 |
| 12.     | SZCZERBIŃSKI Franciszek |         |       | 13    | UKP Gryf Dębica       |       |       |         |       | 5:56.45 | 211     |       |
|         | 50m:                    | 38.33   | 38.33 | 150m: | 2:09.36               | 45.55 | 250m: | 3:42.57 | 46.31 | 350m:   | 5:14.95 | 46.19 |
|         | 100m:                   | 1:23.81 | 45.48 | 200m: | 2:56.26               | 46.90 | 300m: | 4:28.76 | 46.19 | 400m:   | 5:56.45 | 41.50 |
| 13.     | ANDRES Sebastian        |         |       | 13    | KP Sokół Rzeszów      |       |       |         |       | 6:03.63 | 198     |       |
|         | 50m:                    | 39.48   | 39.48 | 150m: | 2:11.21               | 46.19 | 250m: | 3:44.19 | 46.85 | 350m:   | 5:17.75 | 46.58 |
|         | 100m:                   | 1:25.02 | 45.54 | 200m: | 2:57.34               | 46.13 | 300m: | 4:31.17 | 46.98 | 400m:   | 6:03.63 | 45.88 |
| 14.     | PŁAWSKI Michał          |         |       | 13    | MUKS Unia Busko Zdrój |       |       |         |       | 6:08.51 | 191     |       |
|         | 50m:                    | 40.06   | 40.06 | 150m: | 2:11.56               | 46.54 | 250m: | 3:46.02 | 46.47 | 350m:   | 5:21.77 | 48.19 |
|         | 100m:                   | 1:25.02 | 44.96 | 200m: | 2:59.55               | 47.99 | 300m: | 4:33.58 | 47.56 | 400m:   | 6:08.51 | 46.74 |
| 15.     | BĄCZEK Oliwier          |         |       | 13    | MUKS Unia Busko Zdrój |       |       |         |       | 6:13.81 | 183     |       |
|         | 50m:                    | 40.72   | 40.72 | 150m: | 2:16.19               | 48.52 | 250m: | 3:54.20 | 49.09 | 350m:   | 5:30.50 | 47.33 |
|         | 100m:                   | 1:27.67 | 46.95 | 200m: | 3:05.11               | 48.92 | 300m: | 4:43.17 | 48.97 | 400m:   | 6:13.81 | 43.31 |
| 16.     | PAW Aleksander          |         |       | 13    | MUKS Unia Busko Zdrój |       |       |         |       | 6:33.94 | 156     |       |
|         | 50m:                    | 41.97   | 41.97 | 150m: | 2:18.40               | 49.79 | 250m: | 4:01.37 | 51.67 | 350m:   | 5:43.26 | 51.10 |
|         | 100m:                   | 1:28.61 | 46.64 | 200m: | 3:09.70               | 51.30 | 300m: | 4:52.16 | 50.79 | 400m:   | 6:33.94 | 50.68 |



Międzywojewódzkie Drużynowe Mistrzostwa Młodzików 12,13 lat  
Ostrowiec Świętokrzyski, 12. - 13.4.2025



Konkurencja 8, Chłopców, 400m dowolny, 12 lat

| Pozycja | Rok ur.                                  |         |       |       |                       |         |       |         | Czas           | Pkt.           |         |       |
|---------|------------------------------------------|---------|-------|-------|-----------------------|---------|-------|---------|----------------|----------------|---------|-------|
| 17.     | KUPŚ Rafał                               |         |       | 13    | MUKP Fala Ropczyce    |         |       |         | <b>6:45.29</b> | 143            |         |       |
|         | 50m:                                     | 42.67   | 42.67 | 150m: | 2:22.60               | 51.74   | 250m: | 4:07.71 | 54.13          | 350m:          | 5:54.09 | 53.76 |
|         | 100m:                                    | 1:30.86 | 48.19 | 200m: | 3:13.58               | 50.98   | 300m: | 5:00.33 | 52.62          | 400m:          | 6:45.29 | 51.20 |
| 18.     | GRANDA Mikołaj                           |         |       | 13    | MUKP Fala Ropczyce    |         |       |         |                | <b>6:45.71</b> | 143     |       |
|         | 50m:                                     | 42.39   | 42.39 | 150m: | 2:25.04               | 50.97   | 250m: | 4:12.61 | 53.29          | 350m:          | 5:58.47 | 53.10 |
|         | 100m:                                    | 1:34.07 | 51.68 | 200m: | 3:19.32               | 54.28   | 300m: | 5:05.37 | 52.76          | 400m:          | 6:45.71 | 47.24 |
| 19.     | HEBDA Szymon                             |         |       | 13    | UKS "Feniks" Dębica   |         |       |         |                | <b>7:19.36</b> | 112     |       |
|         | 50m:                                     | 47.01   | 47.01 | 150m: | 2:38.26               | 57.95   | 250m: | 4:31.16 | 55.89          | 350m:          | 6:26.08 | 57.92 |
|         | 100m:                                    | 1:40.31 | 53.30 | 200m: | 3:35.27               | 57.01   | 300m: | 5:28.16 | 57.00          | 400m:          | 7:19.36 | 53.28 |
| DYSKW.  | GÓRECKI Marcel                           |         |       | 13    | UKS SP AQUARIUS Lesko |         |       |         |                |                |         |       |
|         | O2 - Pływak nie ukończył całego dystansu |         |       |       |                       |         |       |         |                |                |         |       |
|         | 50m:                                     | 47.62   | 47.62 | 150m: | 2:38.15               | 56.50   | 250m: |         |                | 350m:          |         |       |
|         | 100m:                                    | 1:41.65 | 54.03 | 200m: | 3:45.12               | 1:06.97 | 300m: |         |                | 400m:          |         |       |

13 lat

|     |                       |         |       |       |         |                               |       |         |       |       |         |       |
|-----|-----------------------|---------|-------|-------|---------|-------------------------------|-------|---------|-------|-------|---------|-------|
| 1.  | TURBAK Bartosz        |         |       |       | 12      | UKS Delfin Tarnobrzeg         |       |         |       |       | 4:46.68 | 405   |
|     | 50m:                  | 30.87   | 30.87 | 150m: | 1:42.37 | 36.41                         | 250m: | 2:56.61 | 37.48 | 350m: | 4:11.51 | 37.04 |
|     | 100m:                 | 1:05.96 | 35.09 | 200m: | 2:19.13 | 36.76                         | 300m: | 3:34.47 | 37.86 | 400m: | 4:46.68 | 35.17 |
| 2.  | GÓRALSKI Ignacy       |         |       |       | 12      | KS KSZO Ostrowiec Św.         |       |         |       |       | 4:46.96 | 404   |
|     | 50m:                  | 32.18   | 32.18 | 150m: | 1:45.84 | 37.25                         | 250m: | 3:00.68 | 37.26 | 350m: | 4:14.03 | 36.26 |
|     | 100m:                 | 1:08.59 | 36.41 | 200m: | 2:23.42 | 37.58                         | 300m: | 3:37.77 | 37.09 | 400m: | 4:46.96 | 32.93 |
| 3.  | MUCHA Kornel          |         |       |       | 12      | MUKP Korona-Swim Kielce       |       |         |       |       | 5:04.08 | 340   |
|     | 50m:                  | 33.40   | 33.40 | 150m: | 1:50.08 | 38.41                         | 250m: | 3:08.83 | 39.59 | 350m: | 4:26.55 | 38.88 |
|     | 100m:                 | 1:11.67 | 38.27 | 200m: | 2:29.24 | 39.16                         | 300m: | 3:47.67 | 38.84 | 400m: | 5:04.08 | 37.53 |
| 4.  | FAFF Wojciech         |         |       |       | 12      | Proswim                       |       |         |       |       | 5:04.91 | 337   |
|     | 50m:                  | 33.91   | 33.91 | 150m: | 1:49.96 | 38.44                         | 250m: | 3:08.57 | 39.34 | 350m: | 4:26.93 | 38.81 |
|     | 100m:                 | 1:11.52 | 37.61 | 200m: | 2:29.23 | 39.27                         | 300m: | 3:48.12 | 39.55 | 400m: | 5:04.91 | 37.98 |
| 5.  | SAK Dominik           |         |       |       | 12      | UKS "Feniks" Dębica           |       |         |       |       | 5:09.10 | 323   |
|     | 50m:                  | 33.09   | 33.09 | 150m: | 1:50.27 | 38.71                         | 250m: | 3:10.19 | 39.98 | 350m: | 4:30.39 | 39.99 |
|     | 100m:                 | 1:11.56 | 38.47 | 200m: | 2:30.21 | 39.94                         | 300m: | 3:50.40 | 40.21 | 400m: | 5:09.10 | 38.71 |
| 6.  | SZEWCZYK Ignacy       |         |       |       | 12      | MUKP Korona-Swim Kielce       |       |         |       |       | 5:11.55 | 316   |
|     | 50m:                  | 34.43   | 34.43 | 150m: | 1:52.52 | 39.58                         | 250m: | 3:12.61 | 40.26 | 350m: | 4:33.66 | 40.92 |
|     | 100m:                 | 1:12.94 | 38.51 | 200m: | 2:32.35 | 39.83                         | 300m: | 3:52.74 | 40.13 | 400m: | 5:11.55 | 37.89 |
| 7.  | PIEPRZAK Jakub        |         |       |       | 12      | MUKP Fala Ropczyce            |       |         |       |       | 5:13.01 | 311   |
|     | 50m:                  | 34.02   | 34.02 | 150m: | 1:53.52 | 41.43                         | 250m: | 3:15.16 | 41.13 | 350m: | 4:36.40 | 40.59 |
|     | 100m:                 | 1:12.09 | 38.07 | 200m: | 2:34.03 | 40.51                         | 300m: | 3:55.81 | 40.65 | 400m: | 5:13.01 | 36.61 |
| 8.  | KIELCZYK Leon         |         |       |       | 12      | SSiR CENTRUM Staszów          |       |         |       |       | 5:18.30 | 296   |
|     | 50m:                  | 34.73   | 34.73 | 150m: | 1:55.17 | 40.73                         | 250m: | 3:16.90 | 40.99 | 350m: | 4:37.79 | 41.64 |
|     | 100m:                 | 1:14.44 | 39.71 | 200m: | 2:35.91 | 40.74                         | 300m: | 3:56.15 | 39.25 | 400m: | 5:18.30 | 40.51 |
| 9.  | JAROSZ Aleksander     |         |       |       | 12      | St. Lok. SALOS Cortile Kielce |       |         |       |       | 5:21.83 | 286   |
|     | 50m:                  | 34.91   | 34.91 | 150m: | 1:54.51 | 40.56                         | 250m: | 3:18.64 | 42.08 | 350m: | 4:42.38 | 41.57 |
|     | 100m:                 | 1:13.95 | 39.04 | 200m: | 2:36.56 | 42.05                         | 300m: | 4:00.81 | 42.17 | 400m: | 5:21.83 | 39.45 |
| 10. | POŁOWNIAK Maksymilian |         |       |       | 12      | KP Sokół Rzeszów              |       |         |       |       | 5:22.22 | 285   |
|     | 50m:                  | 35.60   | 35.60 | 150m: | 1:58.69 | 41.78                         | 250m: | 3:23.61 | 42.62 | 350m: | 4:44.08 | 40.74 |
|     | 100m:                 | 1:16.91 | 41.31 | 200m: | 2:40.99 | 42.30                         | 300m: | 4:03.34 | 39.73 | 400m: | 5:22.22 | 38.14 |
| 11. | KRAJEWSKI Michał      |         |       |       | 12      | MKS "IKAR" Stal Mielec        |       |         |       |       | 5:23.60 | 282   |
|     | 50m:                  | 35.97   | 35.97 | 150m: | 2:00.22 | 42.71                         | 250m: | 3:24.55 | 42.43 | 350m: | 4:46.81 | 41.46 |
|     | 100m:                 | 1:17.51 | 41.54 | 200m: | 2:42.12 | 41.90                         | 300m: | 4:05.35 | 40.80 | 400m: | 5:23.60 | 36.79 |
| 12. | GLICA Oliwier         |         |       |       | 12      | Kajman Połaniec               |       |         |       |       | 5:26.56 | 274   |
|     | 50m:                  | 37.48   | 37.48 | 150m: | 2:00.94 | 42.10                         | 250m: | 3:24.90 | 42.36 | 350m: | 4:47.87 | 41.73 |
|     | 100m:                 | 1:18.84 | 41.36 | 200m: | 2:42.54 | 41.60                         | 300m: | 4:06.14 | 41.24 | 400m: | 5:26.56 | 38.69 |
| 13. | MICHENKO Mateusz      |         |       |       | 12      | UKS SP AQUARIUS Lesko         |       |         |       |       | 5:26.64 | 274   |
|     | 50m:                  | 36.00   | 36.00 | 150m: | 2:00.15 | 42.63                         | 250m: | 3:24.07 | 42.28 | 350m: | 4:46.85 | 41.10 |
|     | 100m:                 | 1:17.52 | 41.52 | 200m: | 2:41.79 | 41.64                         | 300m: | 4:05.75 | 41.68 | 400m: | 5:26.64 | 39.79 |



Międzywojewódzkie Drużynowe Mistrzostwa Młodzików 12,13 lat  
Ostrowiec Świętokrzyski, 12. - 13.4.2025



Konkurencja 8, Chłopców, 400m dowolny, 13 lat

| Pozycja |                     |         |       | Rok ur. |                               |       |       |         | Czas           | Pkt.                |
|---------|---------------------|---------|-------|---------|-------------------------------|-------|-------|---------|----------------|---------------------|
| 14.     | BAK Igor            |         |       | 12      | Kajman Połaniec               |       |       |         | <b>5:27.05</b> | 273                 |
|         | 50m:                | 36.28   | 36.28 | 150m:   | 1:59.23                       | 41.91 | 250m: | 3:22.53 | 42.31          | 350m: 4:46.05 42.11 |
|         | 100m:               | 1:17.32 | 41.04 | 200m:   | 2:40.22                       | 40.99 | 300m: | 4:03.94 | 41.41          | 400m: 5:27.05 41.00 |
| 15.     | GAWLIK Cyprian      |         |       | 12      | UKS "Feniks" Dębica           |       |       |         | <b>5:38.87</b> | 245                 |
|         | 50m:                | 36.89   | 36.89 | 150m:   | 2:02.72                       | 44.25 | 250m: | 3:30.04 | 43.41          | 350m: 4:57.70 44.08 |
|         | 100m:               | 1:18.47 | 41.58 | 200m:   | 2:46.63                       | 43.91 | 300m: | 4:13.62 | 43.58          | 400m: 5:38.87 41.17 |
| 16.     | SILENKO Hubert      |         |       | 12      | SP Motyl Stalowa Wola         |       |       |         | <b>5:44.61</b> | 233                 |
|         | 50m:                | 35.54   | 35.54 | 150m:   | 2:01.48                       | 44.16 | 250m: | 3:30.70 | 44.82          | 350m: 5:01.15 45.81 |
|         | 100m:               | 1:17.32 | 41.78 | 200m:   | 2:45.88                       | 44.40 | 300m: | 4:15.34 | 44.64          | 400m: 5:44.61 43.46 |
| 17.     | BARCZYŃSKI Patryk   |         |       | 12      | MKS "IKAR" Stal Mielec        |       |       |         | <b>5:55.51</b> | 212                 |
|         | 50m:                | 39.90   | 39.90 | 150m:   | 2:09.26                       | 44.89 | 250m: | 3:41.28 | 46.37          | 350m: 5:12.21 46.36 |
|         | 100m:               | 1:24.37 | 44.47 | 200m:   | 2:54.91                       | 45.65 | 300m: | 4:25.85 | 44.57          | 400m: 5:55.51 43.30 |
| 18.     | DRÓŹDŹ Borys        |         |       | 12      | MKS "IKAR" Stal Mielec        |       |       |         | <b>5:59.03</b> | 206                 |
|         | 50m:                | 38.18   | 38.18 | 150m:   | 2:09.55                       | 46.32 | 250m: | 3:43.18 | 46.85          | 350m: 5:18.15 47.58 |
|         | 100m:               | 1:23.23 | 45.05 | 200m:   | 2:56.33                       | 46.78 | 300m: | 4:30.57 | 47.39          | 400m: 5:59.03 40.88 |
| 19.     | DYBSKI Szymon       |         |       | 12      | MKS "IKAR" Stal Mielec        |       |       |         | <b>6:00.11</b> | 204                 |
|         | 50m:                | 35.28   | 35.28 | 150m:   | 2:03.06                       | 45.65 | 250m: | 3:38.68 | 48.50          | 350m: 5:13.83 47.20 |
|         | 100m:               | 1:17.41 | 42.13 | 200m:   | 2:50.18                       | 47.12 | 300m: | 4:26.63 | 47.95          | 400m: 6:00.11 46.28 |
| 20.     | IMIOŁEK Piotr       |         |       | 12      | UKS "Feniks" Dębica           |       |       |         | <b>6:11.92</b> | 185                 |
|         | 50m:                | 38.61   | 38.61 | 150m:   | 2:11.58                       | 48.14 | 250m: | 3:49.02 | 48.25          | 350m: 5:26.83 48.94 |
|         | 100m:               | 1:23.44 | 44.83 | 200m:   | 3:00.77                       | 49.19 | 300m: | 4:37.89 | 48.87          | 400m: 6:11.92 45.09 |
| 21.     | CZERKIES Oliwier    |         |       | 12      | MKS "IKAR" Stal Mielec        |       |       |         | <b>6:11.98</b> | 185                 |
|         | 50m:                | 44.89   | 44.89 | 150m:   | 2:23.36                       | 49.06 | 250m: | 4:01.02 | 47.93          | 350m: 5:31.91 44.38 |
|         | 100m:               | 1:34.30 | 49.41 | 200m:   | 3:13.09                       | 49.73 | 300m: | 4:47.53 | 46.51          | 400m: 6:11.98 40.07 |
| 22.     | KOŁOSIŃSKI Szymon   |         |       | 12      | SP Motyl Stalowa Wola         |       |       |         | <b>6:13.18</b> | 183                 |
|         | 50m:                | 39.96   | 39.96 | 150m:   | 2:12.94                       | 47.53 | 250m: | 3:48.07 | 47.60          | 350m: 5:25.23 49.17 |
|         | 100m:               | 1:25.41 | 45.45 | 200m:   | 3:00.47                       | 47.53 | 300m: | 4:36.06 | 47.99          | 400m: 6:13.18 47.95 |
| 23.     | KAMIŃSKI Miron      |         |       | 12      | MKS "IKAR" Stal Mielec        |       |       |         | <b>6:13.66</b> | 183                 |
|         | 50m:                | 36.07   | 36.07 | 150m:   | 2:09.42                       | 48.46 | 250m: | 3:48.45 | 49.38          | 350m: 5:28.17 50.12 |
|         | 100m:               | 1:20.96 | 44.89 | 200m:   | 2:59.07                       | 49.65 | 300m: | 4:38.05 | 49.60          | 400m: 6:13.66 45.49 |
| 24.     | BEDNARZ Szczepan    |         |       | 12      | UKS SP AQUARIUS Lesko         |       |       |         | <b>6:18.75</b> | 175                 |
|         | 50m:                | 40.46   | 40.46 | 150m:   | 2:17.30                       | 49.35 | 250m: | 3:55.12 | 49.15          | 350m: 5:31.70 48.52 |
|         | 100m:               | 1:27.95 | 47.49 | 200m:   | 3:05.97                       | 48.67 | 300m: | 4:43.18 | 48.06          | 400m: 6:18.75 47.05 |
| 25.     | SŁABIAK Mikołaj     |         |       | 12      | St. Lok. SALOS Cortile Kielce |       |       |         | <b>6:18.86</b> | 175                 |
|         | 50m:                | 38.16   | 38.16 | 150m:   | 2:13.23                       | 49.90 | 250m: | 3:53.08 | 50.77          | 350m: 5:32.91 49.14 |
|         | 100m:               | 1:23.33 | 45.17 | 200m:   | 3:02.31                       | 49.08 | 300m: | 4:43.77 | 50.69          | 400m: 6:18.86 45.95 |
| 26.     | WRONA Wojciech      |         |       | 12      | UKS "Feniks" Dębica           |       |       |         | <b>6:33.43</b> | 157                 |
|         | 50m:                | 43.07   | 43.07 | 150m:   | 2:24.63                       | 51.33 | 250m: | 4:07.01 | 50.94          | 350m: 5:47.18 49.07 |
|         | 100m:               | 1:33.30 | 50.23 | 200m:   | 3:16.07                       | 51.44 | 300m: | 4:58.11 | 51.10          | 400m: 6:33.43 46.25 |
| 27.     | DZIADOSZ Aleksander |         |       | 12      | UKS "Feniks" Dębica           |       |       |         | <b>6:34.72</b> | 155                 |
|         | 50m:                | 41.97   | 41.97 | 150m:   | 2:22.10                       | 49.77 | 250m: | 4:03.66 | 50.11          | 350m: 5:43.62 50.53 |
|         | 100m:               | 1:32.33 | 50.36 | 200m:   | 3:13.55                       | 51.45 | 300m: | 4:53.09 | 49.43          | 400m: 6:34.72 51.10 |